



Spring Sports Roundup

The Como Park Cougars miss the baseball conference title by one loss and a young Como golfer proves he can play with the big boys.

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Voices

Meet Herb Wright, distinguished geologist, father of six and a man who has a mountain in Antarctica named after him.

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The Fourth in the Park

It doesn't get more patriotic than this. Check out the schedule for the July 4 festivities.

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St. Anthony Park

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Park Bugle

www.parkbugle.org

July 2011

PETITE PREDATOR

Tiny, stingless wasp released in Langford Park is latest tool in the struggle to save the state's ash trees

By Kristal Leebrick

When it comes to fighting the emerald ash borer, size doesn't seem to matter. The half-inch-long metallic-green beetle that has been wreaking havoc on ash trees throughout the United States for nearly a decade may have met its match in a tiny Chinese wasp a fraction of its size.

In June, the Minnesota Department of Agriculture (MDA) released nearly 2,500 gnat-sized stingless wasps onto infested ash trees in Langford Park in St. Anthony Park. The wasps are a natural enemy to the emerald ash borer (EAB), which is native to eastern Asia and appears to have no such predator in North America.

This biocontrol strategy pairs an invasive pest with its enemies from the pest's native area. This summer, the MDA is introducing three species of wasps that kill the ash borer larvae and eggs found under the trees' bark and in bark crevices. Two species, *Spathius agrili* and *Tetrastichus planipennis*, were released in June to attack the EAB larvae. The third, *Oobius agrili*—which attacks the EAB eggs—will be released in midsummer to coincide with the beetle's lifecycle. The larvae-eating species will be released again in the fall.

These same biocontrol agents were first released in a field test in

Petite Predator to 6

July 12 meeting will outline College Park stormwater project

By Kristal Leebrick

A public meeting about a proposed stormwater infiltration and treatment project at College Park will be held Tuesday, July 12, at 6:30 p.m. at the St. Anthony Park Branch Library, 2245 Como Ave.

The \$1 million project would limit the amount of pollutants running into the Mississippi River from stormwater runoff and control the water that pours into the park after a heavy rainfall, according to

Bruce Elder, sewer utility manager at St. Paul Public Works.

The project would involve the western end of the park, located at 2223 Carter Ave. in St. Anthony Park.

The plan is to excavate down 5 feet and place sand and gravel there, then place 4-foot diameter pipes on top of the gravel. The pipes will be connected to a storm sewer. The area will then be filled with quick-

Storm water project to 20



This diagram shows the area of College Park that will be affected by the stormwater control project.



The emerald ash borer has been reunited with some old enemies from eastern Asia.

Photo by Lori Hamilton

Luther Seminary expands Olson Center

By Judy Woodward

"What was once a bridge will now become a new creation."

That's how President Rick Bliese of Luther Seminary describes the centerpiece of the \$2.8 million remodeling project that's under way at the Olson Campus Center in the middle of the school's leafy St. Anthony Park campus. The project will add an enclosed gathering space, as well as a redesigned bookstore, a state-of-the-art classroom and a comfortably informal café.

Bliese's remark refers to the symbolic function of what was initially an outdoor space connecting two halves of the campus. When the center was first built in 1984, the campus housed the original Luther Seminary and the recently relocated Northwestern Seminary. The two bodies had merged only a few years earlier, and the institutional distinctions were still very much on people's minds. As Bliese put it, "We had the Norwegians on the hill, and the Germans and Swedes had just moved in down below."

A section of the upper level of the Olson Center was left as open

space so walkers could traverse the campus without going inside a building, Bliese said. The idea was that the open space would be filled with outdoor tables and knots of students and faculty in deep conversation. But in practice, "the area became more of a pass-through," said Traci Lesneski of MS&R Ltd., principal designer of the project. "It was never used as it was intended. Snow collected there."

Nearly three decades later, Luther Seminary has long since achieved a unified, cohesive identity, and a goal of the construction project is to recapture that open space to help create community. "The open space will become our enclosed 'living room' with views of the surrounding area, a centralized fireplace and a coffee shop open to the entire community," said Ellen Elhard, Luther's senior director of facilities and auxiliary services.

Elhard anticipates the new space will become an informal destination for students who don't live on

Luther construction to 6

C I T Y F I L E S

Como Park

Como Staycation is July 15-17

Mark your calendars for the second annual Como Neighborhood Staycation Friday, July 15, to Sunday, July 17.

The District 10 Como Community Council, Northwest Como Rec Center, Chelsea Heights PTO, the Coffee Grounds and the Como Park Block Nurse Program are sponsoring the fun-filled weekend. Spots are still available for flea-market vendors and talent-show participants. Find out more at the web site, www.district10comopark.org/staycation.html or call Jessica at 651-644-3889. See the full schedule below.

Friday, July 15

6-10 p.m.: Music at the Coffee Grounds, 1579 Hamline Ave., featuring Hula Peppers and Spruce Top Review

6-7 p.m.: Talent show at Coffee Grounds (participants needed!)

6:30-8:30 p.m.: Family activities at Northwest Como Recreation Center, 1515 Hamline Ave.: jump castle, climbing tour and concessions

9 p.m.: Outdoor movie, *Yogi Bear*, Northwest Como

Saturday, July 16

8 a.m.-2 p.m.: Flea market, Northwest Como Rec Center (vendors needed!), family activities and free blood-pressure checks

9 a.m.-3 p.m.: Art crawl (maps

available at the District 10 website listed above.

10 a.m.-2 p.m.: Garden tour (maps are available on the website)

4-10 p.m.: Music at the Coffee Grounds, featuring 7 Cats Swing, Ben Woolman, Wild Goose Chase Cloggers and Atomic Flea

Sunday, July 17

11:30 a.m.: Kickball tournament at Chelsea Heights Elementary, 1557 Huron St. (register at the District 10 website)

1 p.m.: Como Park bike ride and history tour begins at Black Bear Crossings and ends at Coffee Grounds; free bike inspections, helmet checks, prizes and giveaways

4-9 p.m.: Summer music festival at Coffee Grounds, featuring B.L.T., Flamenco and Frogtown Midway Arborator

Join the District 10 Como Community Council and Bliss Yoga Studio for **Yoga in the Park**, offered every Saturday through Labor Day weekend. All are welcome, from novice to advanced. Sessions begin at 8 a.m. in Como Regional Park near the "Torpedo" southwest of the pavilion and south parking lot off Lexington Avenue. Each session will include simple yoga poses, a breathing practice and a brief meditation. Bring a towel or mat, and water. Dress comfortably and in

layers. District 10 will gratefully accept donations. Check out www.district10comopark.org for more information or contact the District 10 office at 651-644-3889.

Falcon Heights

Falcon Heights Parks and Recreation still has **space available in its August camps**. You can sign up for four different camps: tennis, Taekwondo, nature or lacrosse. Go to www.falconheights.org_Parks and Recreation for more information on program offerings.

Enjoy a **free showing of the movie *Megamind* at Community Park**, 2050 Roselawn Ave., on Wednesday, July 13, at dusk. The event is sponsored by Source Comics and Games and Falcon Heights Parks and Recreation. The movie is a PG-rated animated film with Will Ferrell. Bring a blanket or lawn chair. Beverages and snacks will be sold.

Falcon Height's annual **Ice Cream Social** is Thursday, July 28, 6-8 p.m. at Community Park. Come and enjoy the Sea Life Minnesota (formerly Underwater Adventures) bouncy shark castle and see interesting ocean animals. There will be a live band, kids' activities, games, face painting, button making and, of course, ice cream. A number of environmental and clean-energy agencies will be on hand to answer

questions about energy conservation.

Join the St. Anthony Police Department, Minnesota Crime Prevention Association and communities throughout Minnesota for the **third annual Minnesota Night to Unite Tuesday, Aug. 2**. Last year, residents hosted 11 neighborhood block parties in Falcon Heights. A police officer, fire department personnel and city staff made appearances at most gatherings to discuss home and neighborhood safety and give families the opportunity to view emergency vehicles.

The Har Mar Cub Foods is partnering with the City of Falcon Heights and St. Anthony Police Department to promote the night's events. The Cub Store is providing a five-quart pail of Kemps vanilla ice cream to each resident who hosts a block party between now and Oct. 1.

Residents who plan to host a block party on Aug. 2 or another date should notify Jessica Anderson, jessica.anderson@falconheights.org or 651-792-7621. Leave your name, address, phone number, estimated number of people attending, time your party will begin, if you would like to invite police, fire or city elected officials, and if you will require barricades. Ice cream vouchers can be picked up at the city hall prior to your block party. The Public Works department will deliver street barricades prior to a scheduled block party.

Children from preschool through sixth grade can explore diversity through music, art, games, folk tales and fun July 17-21 at **C²U, or Creativity, Culture and You!**, a summer program offered jointly by Falcon Heights United Church of Christ and North Como Presbyterian Church.

The free program runs from 5:30 to 8 p.m. each evening at Falcon Heights United Church of Christ, 1795 Holton St. A family dinner will be provided. Preschool children should be accompanied by an adult; parents and caregivers are welcome to participate with older children. The week winds down with a celebration service at 9:45 a.m. Sunday, July 24, at North Como Presbyterian Church, 965 Larpenteur Ave. W., Roseville.

To register, contact Brandon at 651-646-2681, ext. 101, or Cathy at 651-488-5581, ext. 11.

The City of Falcon Heights is sponsoring a **T-shirt design contest for the Falcon Heights/Lauderdale 5K Fun Run and Walk** set for Saturday, Aug. 13. Bring entries to either the Falcon Heights or Lauderdale City Hall by July 15. The design will be printed in one or two colors. The winner will receive a T-shirt with the design printed on it.

Registration for the Family 5k Fun Run/Walk is open. The cost is \$15 for individuals and \$40 for a group of four. Go to www.falconheights.org_Parks and

Recreation to register and for more information.

Lauderdale

The **July Music Under the Trees** concert will feature the Roseville Community Band on Monday, July 11, at 7:30 p.m. at Lauderdale Community Park, 2050 Roselawn Ave. Bring lawn chairs or blankets and enjoy the music and treats. The event will be canceled if there is rain or severe weather. The event is sponsored by Hamline Auto Body and Schwan's.

Schwan's will be stationed at Community Park most of the day as a fundraiser for Lauderdale parks. If sales reach \$750 or more, the company will donate at least 10 percent to the city's parks. You can help by purchasing directly from the Schwan's truck the day of the event or by preordering merchandise or gift cards and picking them up from the truck the day of the event. When preordering, call 1-888-SCHWANS. Use Campaign #34634 for the July 11 event.

St. Anthony Park

The St. Anthony Park Library Association is sponsoring a free **"Mad Hatter's Hat-Making Party"** at the library on Friday, July 1, from 1 to 2:30 p.m. Children and adults are welcome to create "mad" hats and are invited to wear them to the library's "Mad-Hatter's Tea Party" in the St. Anthony Park 4th of July parade. All materials will be provided.

Join the St. Anthony Park Community Council at the **4th of July parade!** Your District 10 council will be marching in the annual celebratory parade down Como Avenue and we'd love to have you join us. Look for signs for each of our committees (Chore Service, Land Use, Environment and Community Connections) at 10:30 a.m. at Luther Place (by St. Anthony Park Lutheran Church) to march with us.

Corridor Development Initiative: West Midway Creative Enterprise Zone is Tuesday, July 19, 6-8 p.m., at the Goodwill/Easter Seals Community Room, 553 Fairview Ave. N., St. Paul.


This is the final of four free workshops focused on attracting and supporting a wide range of creative enterprises in the area around Raymond and University. At this meeting, the community is invited to contribute to the creation of development recommendations that will be submitted to the City Council and Planning Commission. The workshop is sponsored by the St. Anthony Park Community Council and Twin Cities LISC/Corridor Development Initiative with funding provided by the McKnight Foundation.

National Night Out, is Tuesday, Aug. 2. Check with your block leader for activities on your street. Don't have a block leader? Contact lauren@sapcc.org for resource materials and to learn about becoming a block leader.



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St. Anthony Park United Church of Christ

A welcoming community for 125 years

By Michelle Christianson

St. Anthony Park United Church of Christ has been a welcoming presence in the St. Anthony Park community for 125 years—the longest of any church in the neighborhood. And in an effort to continue that tradition, the church is inviting the community to celebrate its 125th anniversary at a special service and community party on July 10.

The service will begin at 10 a.m. and will be followed by a pig roast, refreshments, indoor and outdoor games, archival displays and tours of the building. All current and former members, members of neighborhood churches, businesses and friends, former pastors and well-wishers are invited. (Some funding for this party was raised through the June “Park Perks” coffee sales at Park Midway Bank.)

Many children in the community have attended preschool in the church, located at 2129 Commonwealth Ave. Area sons in Boy Scout Troup 17 had meetings and celebrations there, and for many years the St. Anthony Park Association held its dinners and meetings there. The Music in the Park Series began and has been based at the church for 32 years. In addition, the congregation has supported the Dorothy Day center, through its Loaves and Fishes program, and the Keystone Community Services Center, a human service organization that operates food shelves and senior programs.

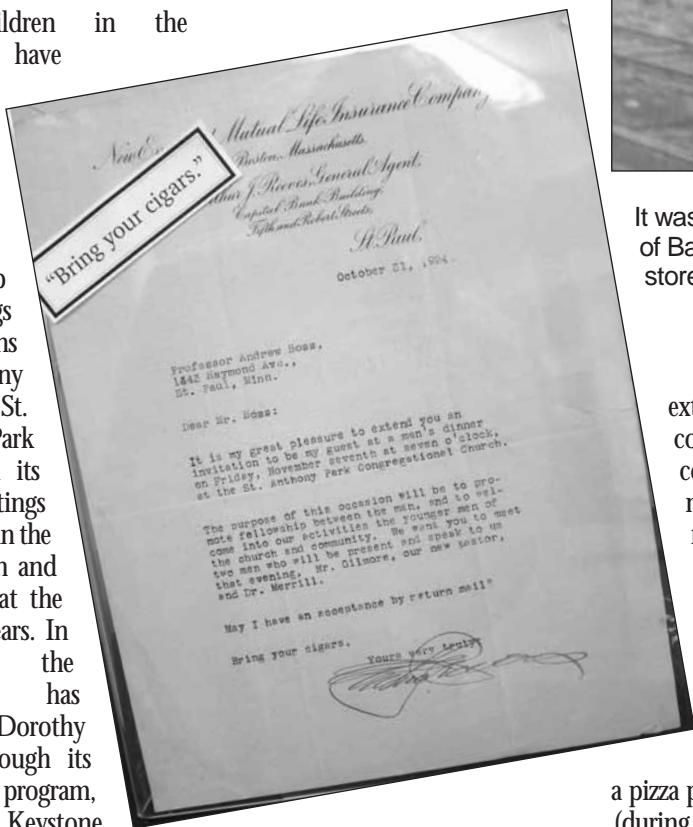
St. Anthony Park UCC was one of the first area churches to have the “open and affirming” designation—

inviting and celebrating the full participation of gay and lesbian people in the life of the church—and is fully accessible with an elevator, special hearing devices and larger-print worship bulletins. Worshipers come from a variety of religious backgrounds and denominations, yet have formed one solid community.

In 1886, the American Home Missionary Society helped six founding families establish St. Anthony Park Congregational Church (now St. Anthony Park United Church of Christ) in what was then a brand new suburb of St. Paul. The original building was on Raymond Avenue and Marvel Street; by the 30th anniversary of the church, it had occupied four structures and built two buildings. The current facility was built in 1914 and has twice been



It was 100 degrees outside on July 6, 1886, when the church was organized on the boardwalk in front of Bayless Hall, where the church held its first services. This building later served as the first grocery store and post office in St. Anthony Park.



Times have changed since 1924, when this invitation went out to men from the church and the community to gather at the church for fellowship—and to smoke cigars.

extensively remodeled. The congregation has kept comprehensive archival material, including a remarkable 50th anniversary album, which will be on display during the party.

Some of the church's celebratory events have taken place. There was a kick-off worship service and potluck in February, a pizza party for children and youth (during which they constructed and illustrated a church timeline), a Heritage of Hymns service and two video sessions with films of “elder stories” (remembrances by members older than 80). In addition to marching in the Fourth of July

parade and the July 10 festivities, the UCC congregation will have a sing-along concert with Bread for the Journey on Sept. 30, a harvest dinner and folk dance with the Light of the

Moon on Nov. 12 and a closing worship service, with guest preacher Rev. Dr. Karen Smith Sellers,

SAPUCC to 8

Five wars, a polio epidemic and the last batch of peanut brittle

When LaVonne Souther heard the news that Pearl Harbor had been attacked by the Japanese in December 1941, she left her dorm room in Meredith Hall on the University of Minnesota's St. Paul campus and walked to St. Anthony Park Congregational Church on Commonwealth Avenue.

“It was a Sunday,” she said. “I felt that it was almost a miracle that I was able to walk down here and all of us were able to support each other.”

Seventy years later, Souther, 89, remains a member of the church, which is now the St. Anthony Park United Church of Christ.

She and Doris Manson, 102, are two of the 125-year-old church's senior members. Manson

joined in the late 1920s after her family moved from New Hampshire to St. Anthony Park in 1927 to be near family. Souther joined in the 1940s, after spending her college years with Pilgrim Fellowship, a youth group that was part of the national Congregational Christian Churches of America.

The two women have been with the church through World War II, the Korean and Vietnam wars, Iraq and Afghanistan. They were sitting in the pews in 1949 when the Minnesota State Fair closed its gates due to the polio epidemic. They were there when the church voted to join the

Souther and Manson to 8

Come Home to St. Anthony Park



This townhome has two bedrooms, two baths and many great updates...cobblestone patio, fresh paint, carpet, new window treatments, and new furnace. Wonderful central location. 2321 Territorial Road \$164,000.

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The deadline for the August issue is July 20.

The *Park Bugle* is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The *Bugle* reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The *Bugle* strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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The *Park Bugle* is published by Park Press, Inc., a 501(c)3 nonprofit organization guided by an elected board of directors.

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E D I T O R I A L

One small story for a community, one giant impact for the rest of the state

Sometimes a seemingly small story can have a powerful effect on people's lives.

While writing about the 30th anniversary of the St. Anthony Park Block Nurse Program (now Saint Anthony Park Area Seniors: The Original Living-At-Home Block Nurse Program), we learned that a story published in the *Park Bugle* in 1981 sparked the community's interest in a program that would help senior citizens stay in their homes and avoid expensive nursing home costs.

JoAnne Rohricht, a member of the District 12 Human Services Committee at the time, wrote about Ida Martinson's vision of having the community come together to aid elderly residents with basic physical and emotional needs. Using a combination of paid public health nurses and home health aides as well as neighborhood volunteers, seniors would receive in-home care, allowing them to stay in their homes for extended periods.

Martinson described her idea as a "block nurse program." Fast-forward 30 years. The original block nurse program has been replicated dozens of times throughout the state and the country.

One of the things we love about that story is that the *Bugle*, in a small way, helped generate interest in this 30-year-old program.

Never underestimate the power of community journalism.

The Federal Communications Commission (FCC) released last month

a new report called "The Information Needs of Communities." The report states that despite the incredible amount of choice we have now to tap into news from around the globe, there is a shortage of local news reporting. "Newspapers are innovating rapidly and reaching new audiences through digital platforms, but most are operating with smaller reporting staffs, and as a result are often offering less in-depth coverage of critical topics such as health, education and local government," the report says.

The lack of coverage of our local government, schools and community issues puts at risk the independent watchdog function that the Founding Fathers envisioned for journalism.

The FCC report tells the story of Paul Julius Reuter, who in 1851 used a fleet of carrier pigeons to carry stock market quotations and news between London and Paris. The pigeons beat the train-carried news by seven hours. In the course of its life, the Thomson Reuters company (as it is known today) has gone from delivering news by attaching a small packet of information to the feet of a bird to transmitting vast amounts of information over wireless internet networks. A pigeon could carry a 256-gigabyte flash drive today that would hold roughly 8 million times the amount of information that one of Reuter's pigeons carried 160 years ago.

We've got all the technology to send out limitless amounts of information, but someone's got to be there to tell the story in the first place.

L E T T E R S

Thank you, Carter Avenue Frame Shop

Hats off to Tim Smith at Carter Avenue Frame Shop, who for years has supplied the St. Anthony Park Elementary School art room with leftover mat board. Thanks for making so many projects special for the kids!

*Courtney Oleen
St. Anthony Park school
arts enrichment*

Rudeness reigns

Dear SAP neighbor: From the note you left on my car window Tuesday morning—"You park too close, fatty"—you know what car I drive and that I'm overweight. I guess you've been watching me. You probably even know which house is mine.

Here are some things I bet you don't know about me:

I'm whip smart, and I don't just mean just intellectually. My EQ is as high as my very high IQ. I know that the assumptions people often make about obese people reflect their ignorance and meanness. Such derogatory taunts don't diminish me.

Like a lot of people, I've experienced some trauma. Some survivors turn to drugs or alcohol to cope, or to sexual, verbal or physical violence against children and their spouses. Like you, some become bullies. For me, chocolate does the trick.

I have also left anonymous notes, although unlike yours, mine are usually words of empathy or encouragement. Or just plain old

cash. I know my actions are powerful and show my true character.

I know that while Minnesota does not have a "hate law" per se, offenses against person or property that include evidence of bias trigger heightened penalties. I'm so glad you didn't damage my car when leaving the note (which I placed very carefully in a plastic bag in case I need it later). You could have gotten into real legal trouble!

I'm able to apologize. I'm sorry. I did not intend to park too close, but that doesn't make what I did right. You were gone by the time I discovered your note, or I would have spoken to you in person. I'm glad you were able to maneuver out of the tight spot with enough time left to leave me that very special note.

If you wanted to apologize, you could leave another note on my car window. You could even knock on my door. Like I said, you know who I am. And you have proven you know how to send a message.

*Victoria Tirrel
St. Anthony Park*

Hamline-Hoyt Playground

Thank you, Chelsea Heights families, Como neighbors and area businesses for your generosity toward the Hamline-Hoyt Playground Beautification spring fundraising campaign (see the District 10 newsletter for listing of people and businesses that have donated). The campaign was a huge success, bringing in more than \$21,000, and donations are still coming in! Our summer goal is to reach \$30,000 in order to apply for matching grants.

Please visit our website for information on how to donate and for more information: www.thehhproject.com. We are now also on Facebook, which is a great way to stay updated on project details, phases and other information. Check it out: <http://www.facebook.com/pages/Hamline-Hoyt-Playground-Beautification-Project>.

*Heidi Schultz
PTO secretary*

Increase the tobacco tax

Political posturing over revenue, spending and taxes means that lawmakers overlook smart, common-sense policy. When Minnesota had a state budget deficit in 2005, Gov. Pawlenty's Health Impact Fee not only raised revenue but helped decrease smoking in Minnesota to historic new lows. We should do the same again.

A \$1.50 increase in the tobacco tax will help prevent more than 61,600 Minnesota (that's the equivalent of every eighth-grader in Minnesota) kids from smoking. When you increase the price of tobacco products, kids can't afford to buy it. Raising Minnesota's tobacco taxes would raise \$140 million this year. Minnesota has long been seen as a particularly healthy state and increasing the state's tobacco tax will not only save lives but put our health care priorities out in front.

The governor and the Legislature have an opportunity not just to plug the hole in the budget but to save lives and contain health care costs while they do it. They

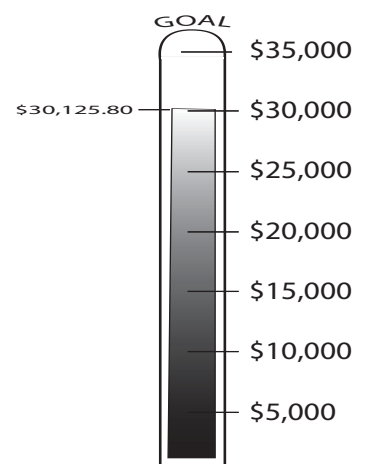
should increase the tobacco tax by \$1.50; it's a win-win-win solution and just common sense.

*Becki Sinks
American Cancer Society
Cancer Action Network Advocate*

Thank you for supporting the Park Bugle

The following *Bugle* readers contributed to the *Bugle* fund drive in the last month. You can still donate online at www.parkbugle.org. Click DONATE NOW. Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

Lisl Gaal
Janet Hey and Roger Purdy
Bill Rottschaefter and Diana Hansen
Brian and Kathryn Tempas



The accidental writer

By Adam Granger

When people ask me what I do, I tell them I'm a musician and teacher. I don't think to mention that I'm also a writer. This omission may be a reflection of the sporadic nature of my writing: My professional life flits from recording to performing to giving guitar lessons to emceeing, and in the gaps, I write.

Yeah, I write, but not like real writers write. They've got their writers' shacks and their nooks at the local brasserie, and they consult thesauri and create outlines, and they're always writing. Next to them I feel like a lightweight. (I am particularly impressed by Big Book writers: keeping plot lines and continuity intact through 400 pages is awe-inspiring in my, well, book.)

But, while I don't consider myself a writer in the Dostoyevskian sense, it turns out I've done a surprising amount of writing in my life—mostly humorous and music-related—across a wide spectrum: 200 music columns, 300 comedy scripts, six original albums, CD reviews and liner notes, a few roasts, some April Fool's pieces for the *Bugle* and so on.

From this olio, I've plucked two

of my more unusual writing experiences to describe, with Big Truths (BTs) revealed about each:

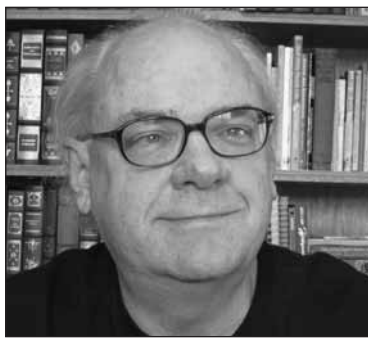
In the '90s, I wrote greeting cards, coffee mugs and T-shirts for a company called Recycled Paper Products. There are four BTs in the card biz:

1: Eighty-five percent of cards are bought by women. A punch line for a Recycled card, then, can be off-color, but only if it's really funny.

2: You write six months ahead of schedule: Christmas cards in July, graduation cards in November.

3: The most obvious jokes and punch lines have already been used. And why wouldn't they have been? Put 500 greeting-card-writing monkeys in front of 500 typewriters and . . .

4: You have to curb your enthusiasm when you see your stuff in public: At a restaurant, our server was wearing one of "my" T-shirts. It had the brown-and-green Gucci stripes and "Gucci Gucci Goo" written on it. I said to her, "I wrote your T-shirt," and she gave me a look that could have withered alabaster. I



Adam Granger

don't think she believed me.

I've written sporadically for and with Garrison Keillor since I played in his house band in the '70s. Writing for Garrison is hit-or-miss, and his editing always significantly improves my original.

I wrote the material for two of the shows I guest-hosted back in the early days, plus, over the years, a few "Jack's," "Bertha's Kitty Boutique" and "Guy Noir" spots. My favorite submission was "Farm Shui," about a failing farmer who, after repositioning his crops and outbuildings, has a record yield.

BT #1 when writing for *A*

Prairie Home Companion. Throw plenty of sound effects into the script; Garrison doesn't want the two best sound effects guys in the business sitting on their mouths.

Occasionally, I'll write songs to order for Garrison. He called me a few years back and asked if I had any good Halloween songs for PHC. I said, "Funny you'd ask. I was just putting the finishing touches on a couple," and then I hung up and wrote them. (BT #2: Chronological legerdemain is allowed, as long as the end product is good and is before deadline.) The better of my two songs was "I'm Hopin'," about a man's search for his body, which has walked away from him. (His friends all think he ought to quit while he's ahead.)

BT #3 when writing for Garrison: Make him the straight man and give everyone else the laugh lines. Don't believe me? Listen to any *Prairie Home Companion* script.

Writing with Garrison is actually more like watching him write. His speed is terrifying. Rewind six years: I'm sitting across from him at his big, round dining-room table

rewriting Mother's Day songs. Our first victim is a lovely old ballad called "Rocking Alone in an Old Rocking Chair." I get the first shot off, with the alternate title and refrain: "Driving Around in a Big SUV." While I'm reloading, Garrison pretty much finishes the song. OK, onto song two, "The Sweetest Gift, a Mother's Smile." Straightaway, he suggests a verse about Kenneth Lay's mother losing all of her TIAA-CREF funds and subsequently refusing to visit her son in jail. I'm on it: I shoot my cuffs and lick my pencil tip—and Keillor's done.

BT #4: When writing with Garrison, just doodle on your paper and nod thoughtfully every 30 seconds.

So there are two examples of what can happen to a writer's life when its owner isn't paying attention. Let's let a quote from Garrison sum up the final Big Truth: "You're never done rewriting." To which I add the obvious: until deadline.

Adam Granger lives in St. Anthony Park (in the shadow of the trestle).

Citizens can help prevent crime

By Todd Axtell, St. Paul Police Department

Despite the St. Paul Police Department's best efforts, crime rises during the summer months. Instead of being reactive to rising crime, we are asking for your help with crime prevention. Nearly every action we take is based on information and evidence provided by our community. I can't emphasize enough the need to have as much information as possible in an effort to apprehend and stop individuals who have chosen to victimize our neighborhoods.

Community members are sometimes reluctant to call the police department because they don't want to "bother" the police or use up police time with something "probably insignificant." We would

rather prevent illegal activity than be called to investigate a crime. When in doubt, call 9-1-1. It is better to err on the side of safety than regret not calling. Let our officers check out the area and circumstances. Officers are often able to connect one crime to another simply by gathering small pieces of information. This cannot happen without your call. Suspicious activity includes unfamiliar people loitering in your neighborhood who may be looking into cars, checking doors, knocking on doors asking for money and so on.

In 2010, there were 1,000 burglaries in the Western District (which includes the Como Park and

St. Anthony Park neighborhoods). We are on pace in 2011 to reduce this number, but we need your help. Here is what you can do to help avoid becoming a victim: Lock your house doors and windows, your garage doors and your car doors. Most property crimes occur because we think "we will only be gone a minute" or "I'll just be in the back yard." It only takes a second for a thief to grab your property and run.

There are several inexpensive ways to protect your home against burglaries: Trim your landscaping; provide adequate outdoor lighting,

Crime prevention to 16

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To place an education-related or an ad for a business south of Como Avenue, contact Chrissy Ames 651-208-5540, chrissy@parkbugle.org

To place an ad for a business north of Como Avenue, contact Genevieve Plagens, 651-325-7189 genevieve@parkbugle.org

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YOUR NEWS and VIEWS

Petite Predator from 1

Michigan in 2007. Michigan has experienced the greatest devastation from the EAB. Tests conducted by the U.S. Department of Agriculture have confirmed that the wasps will not harm people or impact nontarget species or the environment, said Monika Chandler, biological control coordinator with the MDA. They don't sting people and they appear to only eat EAB larvae and eggs.

"If we didn't tell people about this, they probably wouldn't notice [the wasps]," Chandler said.

The same species of wasps were released in Houston County in southeastern Minnesota last fall to control an EAB infestation there.

Langford Park was one of five metro release sites in June. The others include Tower Hill Park in the Prospect Park neighborhood of Minneapolis, two sites along East River Parkway and one site along West River Parkway in Minneapolis.

St. Anthony Park is considered "ground zero" in the Minnesota EAB infestation, according to Chandler. The EAB was first discovered in Minnesota on Long Avenue in south St. Anthony Park in May 2009, about seven years after it was first detected near Detroit, Mich. Since 2002, the beetle has destroyed more than 50 million ash trees in North America. Minnesota has the largest



Brian Aukema, assistant professor of forest entomology at the University of Minnesota, releases some of the wasps at Langford Park on June 8.
 Photo by Lori Hamilton

population of ash trees than any other state—an estimated 998 million, according to the MDA.

The EAB larvae feed under the bark and disrupt the flow of nutrients and water. Eventually, the tree dies. In Asia, EAB populations rarely reach outbreak levels, as they do in North America. The MDA is hoping that reuniting the EAB with its natural enemies will reduce the beetle's

populations here. Other pest-control tactics such as removing diseased trees and treating the trees with a chemical agent will continue, Chandler said.

Minnesota has confirmed EAB infestations in Hennepin, Ramsey and Houston counties. Signs of infestation include increased woodpecker activity, one-eighth-inch D-shaped exit holes in ash bark and serpentine tunnels under the bark.

Luther construction from 1

campus. Commuter students tend to stay on campus to study. "This tells us that we need informal study spaces, too," she said. "The library is always packed, but we need the students out of the library talking to each other once in awhile too."

Community is foremost in the minds of those who talk about the new project, but they're not simply referring to the faculty and students of Luther Seminary. Bliese takes pride in the seminary's good relations with the neighborhood. "We've worked pretty hard" to integrate the institution with St. Anthony Park, he said, noting that community events like the recent 4-H pie and ice cream social and the St. Anthony Park Arts Festival have taken place on seminary grounds, and that more than half the enrollment of the seminary's Wee Care early childhood facility is drawn from neighborhood residents.

"We know the neighbors want an open, park-like campus so they can wander through the grounds," he said. "They have also asked, 'Can we come here and get coffee?' The answer is yes.

"So far, this has been a real happy project with the community," Bliese said. "We've had strong feedback and support from the neighborhood." Still, "there may be some tension when the heavy-lifting starts in July," he said.

Measures have been taken to keep disruption to a minimum, Elhard said. No streets will be blocked off during the construction process and all delivery people have been instructed to come up Hendon Avenue onto Fulham Street. Construction noise will be restricted to normal business hours.

"Later in the evening is non-

noise time," Elhard noted, adding that if neighbors hear suspicious noises, "good neighbor stewardship would be to call the police." For neighbors whose topmost concern is the amount of available open space on campus, Elhard stressed that the project will not increase the overall building footprint of the Olson Center.

Neighbors who want to follow the progress of the project are invited to check out the seminary's website at www.luthersem.edu/construction. There they will find a real-time construction web-cam, architectural plans, a construction blog, directions for those seeking the temporarily displaced seminary bookstore, as well as an opportunity to sign up for the Neighborhood Construction e-mail updates.

This is the first major addition to the campus since the original Olson Center opened in 1984. Longtime neighborhood residents will recall that a building was added to the seminary's open fields facing Como Avenue in 1993, but Elhard explained, "That's on our property, but it's not our building." Lutheran Social Services occupies the site.

As was true with the original construction in 1984, the major donor behind the current project is the Olson family of Willmar, Minn. Earl B. Olson, founder of the Jennie-O turkey-processing company, provided the original funding. Olson's son and daughter-in-law, Charles and Sharon Olson, have contributed the bulk of the cost of the current project. Bliese says an additional \$800,000 was raised "to make the Olson Center a green building." The seminary intends to apply for Leadership in Energy and

Environmental Design [LEED] certification for the building, and that requires updating a number of basic operations and behind-the-scenes maintenance functions.

One high-tech feature, however, will be front-and-center. "We're going to have a smart classroom on the lower level," said Bliese. He described a fully wired space where the conventional professor-at-the-front-of-the-class configuration has given way to fluid, shifting seating arrangements that can make use of the projection capabilities available on all four walls. There's even the possibility that the teacher will have access to a futuristic whiteboard that digitizes a teacher's notes as soon as he or she writes them, thereby absolving students from the need to take notes. "Although we're not sure if we can manage that last one," Bliese said.

"Plan A is to finish [the whole project] by opening day of school [just after Labor Day]," said Bliese, "but if you've ever renovated a kitchen, you know what can happen."

Acknowledging the rapid pace of the project—groundbreaking took place on May 23—Bliese has begun planning festivities for the third week in October, when the seminary board meets, whether or not the addition is fully finished by that time. Although plans are still in the early stages, one thing is certain: All neighbors from St. Anthony Park will be invited to the party.

Judy Woodward is a reference librarian at Roseville Library and a frequent contributor to the Park Bugle.

Energy Resilience Group looks toward localizing food production

Edible landscapes and more community gardens are in the mix of ideas for projects that could make a neighborhood less dependent on fossil fuels.

By Anne Holzman

Some St. Anthony Park residents who have done what they can to make their homes more energy efficient have turned to “retrofitting a neighborhood,” as one leader of the Energy Resilience Group put it recently.

Lois Braun said “localizing food production” looks like a good first step toward making the neighborhood less dependent on fossil fuels. The group has supported efforts of several projects already under way and continues to look for opportunities.

The Energy Resilience Group emerged from the now-inactive Neighbors for Peace, said one of its initiators, Michael Russelle. It has become a subcommittee of the St. Anthony Park Community Council’s Environment Committee.

The group started with discussions about the book *Plan C*, by Pat Murphy, which describes ways to respond to the twin pressures of global warming and declining availability of fossil fuels, according to Russelle.

Responses can include ignoring the problem or making it worse, he said, but “Plan C is that the community works together to come up with a vision to reduce their footprint.”

Similar efforts are under way in many cities, Russelle said, including Transition Twin Cities (transitiontc.org), through which neighborhoods embark on a mission to build resilience against climate and energy uncertainty.

“We’re part of a broader movement,” Russelle said.

Braun connected the group’s work with “permaculture,” which she described as “taking some of the principles you observe in natural ecosystems and applying them to human activities.”

Given how broad and abstract that definition is, she said, “on a practical level, what most people grab

onto is this edible landscapes idea,” planting food in places that have heretofore been ornamental gardens.

Accordingly, the Energy Resilience Group has been looking around for land in St. Anthony Park that might be converted to food production. But rather than trying to acquire land and start farming themselves, the group has chosen to reach out to existing organizations.

Members have been pleasantly surprised so far, Braun said. They recently met with Luther Seminary staff and discovered that “Luther is already very interested in earth-keeping.”

Braun also attended meetings in support of a city STAR grant for the Joy of the People soccer program at South St. Anthony Recreation Center, which seeks \$13,000 for a one-third-mile walking path, a community garden and a sand court. The City Council will choose STAR grant recipients at a July meeting.

Braun and another Energy Resilience Group member did a walk-around of the grounds with JOTP staff to help plan the project, she said.

Another Energy Resilience Group member, Nick Jordan, has been working with parent groundskeeping volunteer Wade Johnson at St. Anthony Park Elementary School, where ideas include an apple orchard.

Johnson, a landscape architect whose specialty is ecological design, said he’s excited about the idea of developing an energy-resilience demonstration project at the school, although his experience with public projects tells him there are significant hurdles to be cleared.

For one thing, he said, the school property is small, and there’s long been demand to add parking. “Every square inch of school property is at a premium for doing something,” he said.

And because of the turnover in

parent volunteers, a plan for year-round care would have to be in place in order to avoid adding to the already underfunded maintenance burden at the school.

Nevertheless, he said, “we’re trying to figure out if the school is at a point where this could fly.”

In addition to gardening, Russelle said, the Energy Resilience Group has discussed transportation alternatives, including a “circulator” bus that could ferry people around the neighborhood, possibly under electric power.

Even something as simple as a bench installed near a sidewalk can enhance the neighborhood’s energy efficiency, Russelle said. “A rest area makes it easier to walk.”

Russelle said he’d like to see energy efficiency become a stated priority in the neighborhood’s small-area plan, a document approved by the City Council and used by the city’s planning department to guide future development.

The group is planning a survey of neighborhood residents and businesses in the fall, Russelle said, asking “What is your vision of St. Anthony Park in 30 years?”

According to Braun, the group exists mainly to come up with ideas and help other organizations solve energy-related problems. “Our objective in the Energy Resilience Group is to pass seed around,” she said.

“If other people pick up and run with it, great,” she said. “It may not be our vision, but let’s see what their vision is.”

The Energy Resilience Group welcomes new members. For information, contact Tim Wulling at twulling@earthlink.net.

Anne Holzman lives in St. Anthony Park and is a frequent contributor to the Park Bugle. Maxine Lightfoot contributed research and writing to this article.

Nice Ride bike rentals come to West Midway

By Kristal Leebrick

Traveling along the Central Corridor this summer may have gotten just a bit easier. Nice Ride Minnesota has added four new bike-rental stations in the West Midway area.

The new kiosks are at Sherburne and Snelling, Territorial and Westgate, Raymond and Ellis, and Fairview and University. There is also a station in Minneapolis at University and 29th Avenue. Riders can now rent one of the bright green bikes at more than 100 stations throughout the Twin Cities. A map listing all locations is at the organization’s website, www.niceridemn.org.

The service allows people to rent

bikes and drop them off at a station at another location.

To ride a bike you need a subscription, which is available online at www.niceridemn.org. Twenty-four-hour subscriptions can be purchased for \$5 using a credit card at the pay station located at each Nice Ride station. One-year (\$60) or 30-day (\$30) subscriptions are available for purchase online. The first 30 minutes of riding is always free; the next 30 minutes costs \$1.50, and the next half hour is \$3.

Twenty-four-hour subscribers are issued unlocking codes at the pay station; those who subscribe online receive a Nice Ride key. Riders can

return bikes to any station in the system where there is an open space. If there are no empty slots, a rider will be instructed to take the bike to another nearby kiosk with openings.

The bikes are available 24 hours a day, seven days a week from April to November. All Nice Ride stations are removed from the streets during the snowy winter months.

Nice Ride launched its system in downtown Minneapolis a year ago. The new stations on the Central Corridor were made possible through a \$250,000 grant from the Catalyst Fund of the Central Corridor Funders Collaborative.



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Music in the Park founder named 2011 Spirit of the Park winner

Julie Himmelstrup, founder and artistic director of the internationally renowned Music in the Park Series, has been named the St. Anthony Park Community Foundation's 2011 Spirit of the Park Award winner.

Himmelstrup will be presented with the award at the annual neighborhood Fourth of July celebration at Langford Park. A representative of the mayor's office will also be on hand to honor Himmelstrup by reading a proclamation from the city declaring July 4 as "Julie Himmelstrup Day" in St. Paul.

The Music in the Park Series recently completed its 31st season presenting concert chamber music at the St. Anthony Park United Church of Christ. The church has been home to the series since 1979 and has hosted performances by composers and performers of local, national and international prominence. Himmelstrup is widely known and loved for creating a unique environment that provides an intimate and rewarding experience for both performers and audience.

Music in the Park also offers a family series that mixes traditional chamber music, jazz, new compositions and popular music accessible to all ages. In addition, performers from the series regularly visit local schools to give mini-concerts and support music



Julie Himmelstrup, 2011 Spirit of the Park award winner, with her granddaughter, Sila Liljedahl.

programs.

This outreach is all part of Himmelstrup's passion and dedication to the importance of music and the arts in our lives, said Jon Schumacher, the foundation's executive director.

Himmelstrup has contributed to other aspects of community life by helping to create the St. Anthony Park Community Foundation and supporting its early growth through a partnership that produced several annual jazz concerts and fundraisers. "Julie is a constant source of inspiration, creativity and friendship," Schumacher said. "She's

a wonderful force of nature who has made great art not only accessible but central to our community."

This past year, Himmelstrup helped to lead the merger of Music in the Park Series with the Schubert Club.

Himmelstrup has been recognized for her many contributions over the years with a number of awards and recognitions, including being named 1994 Marvelous Woman of the Year and in 1997 receiving the prestigious Champion of New Music Award, a national award given by the American Composers Forum.

SAPUCC from 3

conference minister of the Minnesota Conference UCC, on Nov. 13. Church members have been writing new stanzas (nine so far!) to the hymn "O, God, Our Help in Ages Past," to be sung at this concluding service. The church is also collecting new and gently used towels (not hand towels or washcloths) until July 10 for the Simpson Homeless Shelter in Minneapolis.

The archivists for the 125th anniversary are Jim Snoxell and Marge Grahn-Bowman. Snoxell has been at the church his entire life and Grahn-Bowman has been there for 32 years. Each has held a variety of leadership roles, and they want readers to know that the church invites anyone looking for a church home.

"We may not be as visible as some of the other churches, but we're here," says Snoxell. As Pastor Victoria Wilgocki states during the communion liturgy, "You do not have to be a member of this community or any church in order to receive communion, for we believe that Christ is the host, Christ sets the table, and Christ welcomes us, each and every one." St. Anthony Park United Church of Christ welcomes everyone too.

Michelle Christianson is a piano teacher, musician, writer and frequent contributor to the Park Bugle.

Souther and Manson from 3

United Church of Christ in 1961.

Souther and Manson helped celebrate the church's 100th anniversary in 1986. Two years later, they were part of the vote that declared the church Open and Affirming, which

welcomed gay and lesbian members into the congregation.

And in 1998 they had their hands in the creation of the last batch of peanut brittle for the church's now-defunct annual bazaar.

You can't write about this church without writing about the peanut brittle. Every year for decades women there made and packaged one-pound boxes of the candy to raise funds for church programs. The recipe came from a woman who moved here from Michigan and "it was a rather secretive deal," Souther said. Only the candy makers were privy to it. Unfortunately, the recipe remains a secret because no one seems to know what happened to it.

The bazaar featured a smorgasbord luncheon that Manson said served close to 700 people and opened at two times in the day to allow teachers at the nearby elementary school to attend.

Manson was one of the cooks for the bazaar, an expert at "quantity cooking," according to Souther. Depending on the decade, she made spaghetti and meatballs, chow mein or one of her favorites: a popular salad made with broccoli, sunflower seeds and bacon.

If everything goes according to plan, Souther and Manson will be at the church's 125th anniversary celebration and pig roast on July 10, but they won't be doing any of the cooking or serving. The church is catering this one. —Kristal Leebick



Doris Manson and LaVonne Souther

School News

Spring sports highlights

By Jonah Van Why

Boys Baseball: Como Park Cougars

The Como Park High School boys baseball team had one of the most successful seasons this spring in school history. Led by eight seniors, the Cougars had a combination of experience and talent that was destined for success. The team missed out on the conference title by one loss, but that did not stop their winning ways.

In the section tournament June 7, the boys made it to the semifinals, where they lost a heartbreaker to Minnehaha Academy, 2-1. Although they fell just two games short of the state tournament, the Cougars will enjoy the return of several starters next year, as well as the confidence this year's historic run has given them. They will surely be a threat once again.



Como's Chris Erickson on the field during a section game

St. Paul Central Minutemen

The Central Minutemen, the 2010 conference baseball champs, will look back on this year and know that it was the season that got away. At the start of the year, the team featured two top-of-the-conference pitchers, Brandon Purcell and Sam Preiner. However, bad breaks and untimely hitting at the start of the season was an ominous sign for things to come. The Minutemen picked it up halfway through the year and put together a nice winning streak, but it was not enough to push past St. Croix Lutheran in the first round of section playoffs.

"This year did not go as planned," said Coach Adam Hunkins after the season ended. "This was supposed to be a big year, but we'll have to work at it and come out strong next year."

There's no doubt the players feel the same way, and with a young returning core of starters and the emergence of several role players, the Minutemen could challenge a championship next year.

Como Cougars Boys Golf

The baseball team was not the only spring team at Como that narrowly missed out on a conference championship. The boys golf team had an impressive year, finishing just three points behind the Highland Park Scots for second in conference.

One surprise of the year was seventh-grader and St. Anthony Park resident Tom Fritts, brother of senior captain Robbie Fritts. The younger sibling proved his ability to play with the big boys by shooting an 80 during the St. Paul City Conference golf tournament on May 23 at Keller Golf Course.

Although five of the nine players on this year's team were seniors, the boys could stay competitive, especially if young Fritts keeps up the good work.



Terrence Williams, Como Park High School's state entrant in the long jump

Como Cougars Girls Golf

Led by junior Anna Nicholson and senior Greta Schrader, the girls opened the season on a roll and never looked back. The lady Cougars dominated, going 16-2-2 and winning conference by 21 points over second-place Highland. Although Schrader and several other seniors won't return next year, the team has captain Nicholson, player Whitney Burke and others as they look to continue to bring home the conference titles.

Jonah Van Why, a senior at Central High School, writes about local high school sports for the Park Bugle during the school year.



Jonah Van Why

Saints post fireworks schedule

The Saints will feature post-game fireworks shows on Friday nights July 1, July 8, July 22, August 5, August 19 and August 26 at the conclusion of each game (between 9:30 and 10:45 p.m., depending on the length of the nine-inning games). The fireworks are scheduled for Friday nights but if games are canceled due to rain or severe weather, the fireworks might be delayed until Saturday nights.

Two expanded fireworks shows will be Friday, July 1 (Independence Day weekend), and Friday, Aug. 26 (Fan Appreciation Night). For more information, go to saintsbaseball.com or call Annie Huidekoper at 651-288-9883.

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CELEBRATING OUR 18TH SEASON

Block nurse program has new name and fresh focus as it **CELEBRATES 30 YEARS!**

By Kristal Leebrick

Senior citizens aren't what they used to be. Just ask Mary Hayes, program coordinator of the St. Anthony Park Block Nurse Program.

The program was created in 1981 to help seniors live at home independently by providing in-home nursing care.

Today, the focus is less on nursing and more on preventative programs, help with transportation and daily tasks, and recreation.

And as the program celebrates its 30th year, the name is changing along with the seniors who participate in its services.

Introducing St. Anthony Park Area Seniors: The Original Living-at-Home Block Nurse Program.

"Two years ago the board did a survey of seniors, clients, volunteers and caregivers and the response was, 'It's a great organization, but we don't know what you do,'" Hayes said. "The title does not speak to what we do anymore.

"It's not so much nursing because there are more home healthcare services attached to hospitals and insurance programs," she said. The program had 320 clients enrolled last year but only 21 accessed nursing care through the block



The block nurse program has moved into the 21st century by offering services such as Skype training to seniors that includes a how-to video that can be found on YouTube. Here, program participant Opal Hedberg demonstrates how to set up a Skype account.

nurse program.

"They aren't the same seniors as 30 years ago," Hayes said. Today's seniors are living longer and are in better health. "But they are new at

being old. They want information."

This year, in celebration of its milestone anniversary, the program is sponsoring a film and speaker series at St. Anthony Park Branch Library

the second Saturday of each month. Subjects have ranged from "dying with dignity" to Alzheimer's disease to adapting to life without a car (which happened to be the least-attended film, Hayes said). The July film, *Plan Ahead: THINK Outside the Box*, takes a look at funeral pre-planning.

There are two blood pressure clinics offered each month and Arthritis Foundation exercise classes held throughout the week at various locations. A partnership with the Leisure Center Senior Program at St. Anthony Park United Methodist Church includes a hot meal for seniors and guests every Wednesday at noon. And each month seniors can participate in fun activities such as seeing a production at the Ordway, having lunch at a Stillwater restaurant or taking a historical tour of the Twin Cities.

Recently the program facilitated Skype training for clients who wanted to learn how to access the computer software program so they can simultaneously communicate verbally and visually with loved ones who live far away. With the help of the St. Anthony Park Community

Block Nurse to 20

Did you know that the St. Anthony Park Block Nurse Program is serving more Seniors in many new ways? We've changed our name and updated our look to reflect our better-than-ever programs and services:



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Voices

Herbert E. Wright Jr.

By Judy Woodward

Ninety-three-year-old Herbert E. Wright Jr. is a distinguished geologist whose work in understanding ancient environmental change has been as useful to archaeologists as to his fellow geologists. He has conducted research across the continental United States and in Alaska, Yukon, Labrador and Mexico. He has worked in Lebanon, Iran, Iraq, Turkey, Greece, Norway, Sweden, Great Britain, Ireland, Peru, Bolivia and Antarctica.

Regents Professor of Geology, Ecology and Botany (Emeritus) at the University of Minnesota and a member of the National Academy of Sciences, there is hardly a professional honor that Wright has not captured over his long career. He even has a mountain peak named for him in Antarctica. He has taught at the University of Minnesota for his entire professional life.

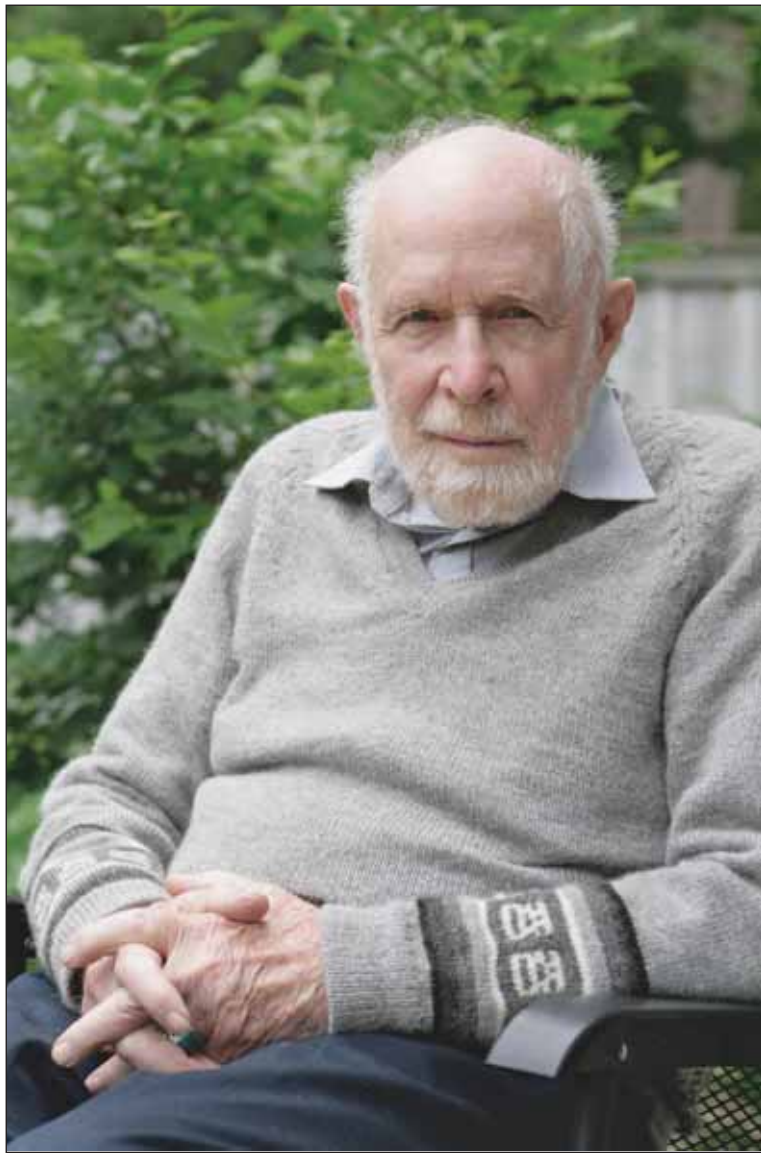
Wright: I was born in Massachusetts, and my father died when I was age 2 in the flu epidemic of 1919. I grew up without a father, but I didn't feel deprived, because I had a couple of favorite uncles.

When World War II came, I was in grad school at Harvard. I decided I had to enlist instead of waiting to be drafted. I became a bomber pilot, with two tours of duty. My most exciting moment came after flight training when I was given a four-engine plane to fly to England with a crew of 10. Two engines failed halfway through the trip, and I had to make an emergency landing in Northern Ireland. I landed too fast and ran off the runway.

I'd like to be remembered for raising six sons. Of course, it was my wife who did that, but I used to take one of the boys with me when I was doing fieldwork. We'd spend the night at a little village, and I would take a storybook along for my son. Just today I was remembering once when I took the book out and began to show it to a group of Kurdish village elders. They were fascinated by it.

Those trips led to some important research. When you go into a new area, you don't know what to expect.

I've had a lot of satisfaction from the students I've had at the U. I had 75 who finished their degrees, and I



Herbert E. Wright Jr.
Photo by Lori Hamilton

had a good relationship with all of them.

About 30 years ago, I stopped eating meat. Just didn't like it anymore. No smoking and good eating—that's the advice I'd give [to someone who wants to live to 93].

I came here in 1947, and the biggest change since then is the

Republican government. It's reducing all the good things in Minnesota, like support for schools.

Voices captures the words of some of the interesting people who live among us. If there's someone whose voice you'd like to hear, contact editor@parkbugle.org or call 651-214-6526.

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Topic: Fond Farewell: Plan Ahead - Think Outside The "Box"

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"When you put down the good things you ought to have done, and leave out the bad ones you did do—well, that's Memoirs."— Will Rogers

By Roger Bergerson

The memoir, once the exclusive domain of the famous or notorious, has become a popular literary form for chronicling the lives of more ordinary folk, the rationale being that "everyone has a story worth telling."

That's the sentiment of Nancy and Dave Healy, who started a business called Of Shoes and Ships and Sealing Wax to help people publish and share their stories. It's a whimsical name—drawn from the conversation between the Walrus and the Carpenter in Lewis Carroll's *Through the Looking-Glass (and What Alice Found There)*—meant to suggest that memoirs can be about the small things in life.

"A memoir doesn't have to be a full autobiography," said Nancy Healy. "Often it's a reflection on a moment in time, a tumultuous period or a series of life-changing events."

The Healys are both writers who have taught the craft at various times over the past 30 years. Nancy became interested in the memoir concept while taking several courses on writing family histories at the Loft Literary Center in Minneapolis.

For Dave, who stepped down as *Park Bugle* editor in 2010 after 10 years of service, the impetus goes back 15 years or so to the time he helped his mother record the story of her formative years growing up on a South Dakota farm. "I realized how satisfying it could be to help get this sort of thing down on paper," he said.

"I think people who are our age realize how fast the world is changing and they want to hold onto some of these things for their children and their children," Nancy added. "It's cultural preservation in the form of stories of individuals."

"One point we make in presentations to individuals or groups about this is that the process of writing down your life will often help you realize how important an event was to you, how it reveals something about yourself and your life," Dave said. "I think this can be particularly true with men who have served in the military and haven't ever opened up about it. Sometimes these have been literally life-changing experiences."

The couple also encounters many people who have always meant to write a memoir but have never gotten around to it.

For some, the prospect of writing a lengthy piece is daunting, Nancy said. In that case, one of the Healys will interview the subject and



Dave and Nancy Healy and some of the stories they have helped tell. *Photo by Roger Bergerson*

get his or her thoughts on paper. Other people have journals, news clippings, photographs—plenty of material—but don't know how to organize it. Again, that's where the Healys come in.

In addition, Of Shoes and Ships and Sealing Wax uses a variety of computer-related tools, including print-on-demand publishing, to streamline the process and keep costs down.

Not everyone applauds the egalitarian trend in memoir writing, of course.

"A *New York Times* writer

recently reviewed a memoir in what I felt was a condescending tone, in effect saying that this was a story we didn't need to hear," Dave said. "Well, maybe the reading world at large doesn't, but it's likely that a small group of very important people does. And you never know who might become interested later."

You can learn more about the business at <http://shoesandships.net>. If your group would like to hear their presentation about memoir writing, contact Nancy and Dave Healy at shoesandships.healy@gmail.com or by calling 651-644-3951.

Business Briefs

Jim Litsheim, a resident of University Grove and senior architect with the University of Minnesota's Department of Capital Planning and Project Management, was awarded the 2011 Minneapolis Heritage Preservation Award on May 19 by the American Institute of Architecture. His career focus as an architect is historical preservation and restoration; he is currently active in the revitalization of Northrop Memorial Auditorium.

Alain Baudry of St. Anthony Park was named head of Maslon Edelman Borman and Brand's litigation practice. Baudry has been with Maslon for 23 years. The law firm, based in Minneapolis, works in the areas of business and securities, commercial litigation, estate



Alain Baudry

planning, financial services, intellectual property, labor and employment, and real estate.

Memoirists start early at Chelsea Heights

By Roger Bergerson

Several years ago, Dave Healy learned first-hand that you're never too old—or young—to write a memoir.

As editor of the *Park Bugle*, Healy was invited back to his former Como Park neighborhood grade school, Chelsea Heights Elementary, to speak to a class of third-grade authors who had just published their reminiscences.

The exercise has been part of the St. Paul School District's core curriculum for about 10 years, said Laura Livingston, a third-grade teacher at Chelsea Heights. Creating memoirs not only helps students improve their writing, but other important communication-related skills, as well, Livingston said.

"When this started, there may have been a snicker or two at the idea

of 8-year-olds writing memoirs," Livingston said. "But I think that everybody now realizes that this approach pays off."

In a "writers' workshop" format, the students spend considerable time chronicling their personal experiences, building a notebook of stories to draw from.

"The opportunity to choose a topic to develop motivates them to want to write and to be brave enough to make the attempt," Livingston said. "That's especially important for children who haven't had a lot of success with writing."

"They soon discover that 'our family's visit to Disney World' is just too big a subject to cover, and they learn to focus in on some smaller element of the experience," she added.

Ultimately, each child picks a topic to develop as a full-blown memoir, which, combined with the



Chelsea Heights teacher Laura Livingston (with some of her students) believes writing memoirs helps students build communication skills. Photo by Roger Bergerson

child's own illustrations, is incorporated into a book to keep. "It's very empowering to have

that final piece in hand," Livingston said, "and very rewarding too."

Roger Bergerson, a former newspaper reporter, is a freelance writer and long-time resident of Como Park.

Celebrate your independents

July is Celebrate Your Independents month and the Metro Independent Business Alliance (MetroIBA) is planning a month of exclusive deals and drawings at member businesses to promote the importance of buying local.

The campaign kicks off at Ingebretsen's, 1601 E. Lake St., Minneapolis, Thursday, June 30, from 5:30 to 7:30 p.m.

Participating restaurants, retailers and service providers will join forces to try to expand awareness of the Buy Local movement among

the Twin Cities public, said Mary Hamel, MetroIBA executive director. Studies have shown that each dollar spent at local independent businesses, on average, generates at least three times more direct local economic benefit than dollars spent at an absentee owner chain, she said.

During the month of July, member businesses will offer exclusive deals and a chance to win \$1,250 in gift cards from participating MetroIBA members such as Bibelot Shops, Butter Bakery Café, Electric Fetus, First Tech,

Linden Hills Co-op, Midwest Mountaineering, Peapods, Trotter's Café and Warners' Stellian.

For more information, go to www.metroiba.org.

MetroIBA is a nonprofit organization working to support and preserve locally owned, independent businesses in the Twin Cities. Its mission is to help the Twin Cities maintain its unique community character, provide continuing opportunities for entrepreneurs and build economic strength.

Seraphim Communications has been nominated for the Better Business Bureau (BBB) 2011 Integrity Awards. This award recognizes companies that display exemplary levels of ethics, customer service and integrity in all aspects of their operations.

Hal Dragseth, a resident of St. Anthony Park for 41 years, founded Seraphim in 1988. The company served nonprofits by using electronic media to tell their stories to advance their missions.

Nearly 24 years later, Seraphim is run by the next generation: Dragseth's two adult children, Kristin Wiersma and Kevin Dragseth, both of St. Anthony Park. From its new location near Como and Snelling avenues, Seraphim Communications continues to serve nonprofits, as well as educational institutions and commercial businesses of all kinds and sizes. Award winners will be



Christine Albrecht

announced at the 12th Annual Integrity Awards ceremony Oct. 24 at the Guthrie Theater.

Park Midway Bank has hired **Christine Albrecht** as an SBA loan officer.

Albrecht has more than 14 years of experience in banking, most recently as a commercial lender in the St. Paul East Metro marketplace. She worked for St. Anthony Park Bank from 1997 to 2004.

Lutheran Social Service of Minnesota (LSS) has selected **Jodi Harpstead** to be the next president and CEO of the nonprofit human services organization. Harpstead is currently the chief operating officer for the organization. She will succeed Mark Peterson, who has served as the organization's leader for the past 24 years. Starting Sept. 2, Harpstead will lead 2,400 employees and 10,000 volunteers in delivering a wide range of human services. This year, the organization's operating budget is \$100 million.

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JULY

Events

Contact information is at the end of the calendar. Send your events to calendar@parkbugle.org by July 20 to be included in the August Park Bugle.

1 FRIDAY

Mad-Hatter's Hat-Making Party. Create "mad" hats and wear them to the Mad-Hatter's Tea Party in the St. Anthony Park 4th of July Parade. All materials provided, 1-2:30 p.m., St. Anthony Park Library

4 MONDAY

Fourth of July Grand Parade down Como Avenue, 11 a.m. Activities all day long at Langford Park.

Celebrate Independence Day at Gibbs Museum, noon-4 p.m.

5 TUESDAY

Baby lap-sit story time, 10:30 a.m., St. Anthony Park library

Block Nurse Exercise class, 3:15 p.m., St. Anthony Park library

6 WEDNESDAY

English Conversation Circle, 4 p.m., St. Anthony Park library

9 SATURDAY

Be Well As You Age Film Series: Plan Ahead: THINK Outside the Box, a presentation about what you need and want to know about funeral pre-planning, 10:30 a.m.-12:30 p.m., St. Anthony Park library

11 TUESDAY

Block Nurse Exercise class, 3:15 p.m., St. Anthony Park library

12 WEDNESDAY

English Conversation Circle, 4 p.m., St. Anthony Park library

14 THURSDAY

Summer Reading Program: Treasurer Beyond Measure, designed for 2-6 years olds, 11 a.m.-noon and 2-3 p.m., St. Anthony Park library

16 SATURDAY

Country Festival, 10 a.m.-4 p.m., Gibbs Museum

17 SUNDAY

Creativity, Culture and You!, summer program for preschool to grade 6, 5:30-8 p.m., Falcon Heights United Church of Christ

19 TUESDAY

Baby lap-sit story time, 10:30 a.m., St. Anthony Park library

Block Nurse Exercise class, 3:15 p.m., St. Anthony Park library

20 WEDNESDAY

English Conversation Circle, 4 p.m., St. Anthony Park library

21 THURSDAY

Summer Reading Program: Bill the Juggler, 11 a.m.-noon and 2-3 p.m., St. Anthony Park library

23 SATURDAY

Concert by area youth musicians to benefit a local food shelf, 7:30 p.m. Admission is a food shelf donation, Peace Lutheran Church

26 TUESDAY

Block Nurse Exercise class, 3:15 p.m., St. Anthony Park library

27 WEDNESDAY

English Conversation Circle, 4 p.m., St. Anthony Park library

28 THURSDAY

Summer Reading Program: SEALIVE MN. An interactive presentation about sea life, 11 a.m.-noon and 2-3 p.m., St. Anthony Park library

31 SUNDAY

Sunday Afternoon Reading Group, *The Secret History of the Mongol Queens* by Jack Weatherford, 2:30 p.m., Micawber's Books

Contact information:

Falcon Heights United Church of Christ, 1795 Holton St., 651-646-2681

Micawber's Books, 2238 Carter Ave., 651-646-5506

Peace Lutheran Church, 1744 Walnut St., Lauderdale, 651-644-5440.

St. Anthony Park Branch Library, 2245 Como Ave., 651-642-0411

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Neighbors

2nd-graders explore the news

A second-grade book group in Mao Lee's class at St. Anthony Park Elementary School liked their book so much, they were inspired to create their own newspaper. While reading *The Landry News* by Andrew Clements, the students explored big ideas together about the right to free speech in the First Amendment and why news and newspapers are so important.

In writing their own paper, they also learned about the hard work required to create a newspaper. *Park Bugle* editor Kristal Leebrick visited the book group last month and talked with the students about their paper and the *Bugle*, and the similar challenges she faces every month.

The students decided that while no one can tell you what to write, it's also really hard to decide what is worth reporting and how to say things in a way that is true and fair.



Second-grade journalists Jack Jensen and Violet Schafer (back row) and Marisol Guevara, Sam Holm and Niko Scholtz.



William Wolf

Local man receives National Science Foundation award

St. Anthony Park resident William Wolf is one of five University of Minnesota Department of Chemistry students to receive honors from the National Science Foundation Graduate Research Fellowship Program.

Wolf, who graduated from the U this spring with a degree in chemistry, was the only undergraduate student to receive the honor. The five university students are among 2,000 students nationwide to receive these highly competitive honors.

Wolf plans to attend graduate school at the University of California-Berkeley to study and develop new catalytic methods. National Science Foundation Graduate Research fellows receive three years of support, including \$30,000 annual stipends, \$10,500 cost-of-education allowances, international research and professional development opportunities and TeraGrid supercomputer access.

Area student receives national athletic training scholarship

University of Wisconsin-Eau Claire junior Emily Kidd of St. Anthony Park has been awarded a 2011 National Athletic Trainers' Association Undergraduate Scholarship.

Boy Scout delivers emergency kits to area senior citizens

Seth Reasoner, 15, of Falcon Heights, a member of Boy Scout Troop 297, delivered emergency-preparedness kits to 65 elderly people in Falcon Heights, Lauderdale and Roseville in May. The kits, which contained a gallon of water, cans of soup, granola bars, a first aid kit, a whistle, a dust mask, a flashlight, soap, toilet paper and a garbage bag, fit inside a 5-gallon bucket.



Emily Kidd

Reasoner's project was part of the work he is doing to receive his Eagle Scout award. He received help from Target, Cub Foods, Home Depot, Lions Club, Kiwanis Club and Thrivent Financial. The Como Park Block Nurse program and the city of Lauderdale helped him identify who should receive the kits.

Talent show at Coffee Grounds
The Coffee Grounds, 1579 Hamline Ave., will host a talent show Friday, July 15, as part of the Como Staycation Weekend July 15 to 17. All talents are welcome. You can register by emailing the cafe at dave.coffeegrounds@comcast.net, or call 651-644-9959.



Seth Reasoner's emergency-preparedness kits fit into a 5-gallon bucket.

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Theft from vehicles is a constant struggle for all of us. It only takes seconds to smash a vehicle window

and steal whatever is visible inside. Most property crimes of this sort are considered crimes of opportunity. Do not leave valuables in your car no matter where you are.

If you don't know about a block club in your area, or wish to start one, call your district council representatives. They can be identified on the City of St. Paul's web site at www.stpaul.gov. Homeowners may request a free

home premise survey from the police department by calling our Community Services Unit at 651-266-5485.

I host two community meetings every third Tuesday of each month at the Western District Office, 389 N. Dale St., at 9:30 a.m. and 6:30 p.m. The meetings are a good opportunity to hear about crime trends and for you to let us know what is going on in your

neighborhood.

Contact me directly with any questions or concerns you may have at todd.d.axtell@ci.stpaul.mn.us or 651-266-5526.

Todd Axtell is senior commander of the St. Paul Police Western District.



Neighbors from 15

County fair is July 13-17

The 98th Annual Ramsey County Fair, 2020 White Bear Ave., Maplewood, will be held July 13-17. For details on participation, music line-up or fair activities and advanced ride ticket sales locations, visit www.ramseycountyfair.com or call the fair office at 651-770-2626. There is no admission to the fair.

Gibbs Country Festival will be old-fashioned taste of summer

Step back in time and take part in

games, activities and craft demonstrations that were popular in the 1800s at the Gibbs Museum Country Festival Saturday, July 16, 10 a.m. to 4 p.m. Try your luck at the fish pond and (cup)cake walk. Other activities include a petting zoo and pony rides, a puppet show, make-your-own hand-dipped candle, and treats such as rhubarb crisp, homemade ice cream, hot dogs, baked beans and lemonade.

All food and activities are included in the cost of admission: \$8 adults, \$7 seniors 62 and older and \$5 for children 2 to 16.

Healing drum circle July 16

The Women's Drum Center, 2242 University Ave. W., invites women to a Healing Drum Circle. No experience is necessary. The cost is \$10 at the door. Register at www.womensdrumcenter.org.

If you are 18 or older and need a driving permit, read this

Adults 18 years and older who do not have a driving permit can take a class that offers two hours of classroom and two hours of behind-the-wheel instruction with a certified instructor Thursday, July 14, from 6 to 8 p.m. at Central High School, 275 N. Lexington Parkway. Cost is \$150. Call 651-632-6020 for more information.

St. Kate's hosts juried art fair

Art at St. Kate's will be held Saturday, July 23, from 10 a.m. to 5 p.m. on the lawn at Cleveland and Randolph avenues on the St. Catherine University campus. The fourth annual art fair is presented by Artist's Circle, a nonprofit art organization, and the Textile Center. The art fair will showcase 100 artists from the upper Midwest, including local artists Linda Nelson Bryan, Colleen Tabaika, Kate Daly, Kevin Caufield, Andy Hall and Michael Schmidt.

Into the Woods at Como Lakeside Pavilion in July

Hillcrest Community Theater will present Stephen Sondheim's *Into the*

Woods, a musical based on a book by James Lapine, July 21-23 and July 28-30 at Como Lakeside Pavilion, 1360 N. Lexington Parkway. The show will be performed at 7 p.m. each night.

Tickets will be available during regular business hours at Hillcrest Recreation Center, 1978 Ford Parkway, St. Paul, or at the door about one hour prior to each show time. Tickets cost \$10 for individuals over 12 years of age and \$8 for children 12 and under.

For more information contact Hillcrest Recreation Center at 651-695-3706.

Walk-in camp physicals offered at HealthPartners Urgent Care

HealthPartners Urgent Care clinics are offering walk-in camp and sports physicals this summer.

The clinics are open nights and weekends, and some are open during the afternoons. No appointments are necessary. You can check on wait times with a smart phone at m.healthpartners.com, on the web at healthpartners.com/urgent or by calling the Urgent Care Hotline at 952-853-8800.

Goldstein show highlights saris, shawls, textiles of India

"Beyond Peacocks and Paisleys," a show of handcrafted textiles of India and its neighbors, will run through Sept. 25 at the Goldstein Museum of Design. The show examines how techniques evolved over time as the producers discovered new markets and faced competition from international handcraft and industrial producers. The handcraft techniques include many types of embroidery and block printing, various methods of tie dye and more.

The exhibition showcases saris, shawls and home textiles collected over 50 years by Dr. Donald Clay Johnson, former curator of the Ames Library of South Asia at the University of Minnesota.

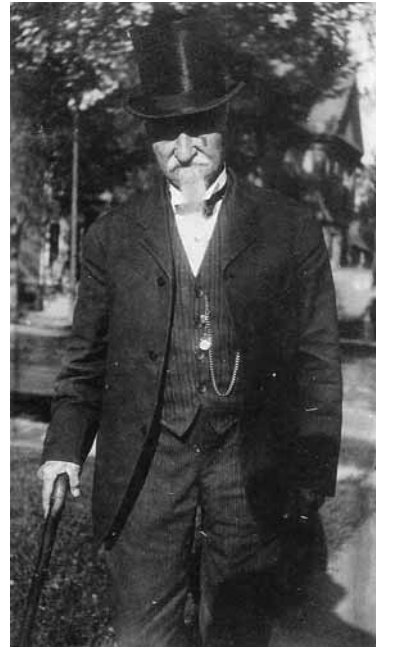
Family mental illness support group meets second Tuesday

The National Alliance on Mental Illness of Minnesota sponsors free support groups for families who have a relative with a mental illness. A group meets in St. Paul from 5:45-7 p.m. on the second Tuesday of the month at Bandana Square, 1021 E. Bandana Blvd., in Room 216. For information, call Sonja at 651-357-2077.

Community ed offers brass ensemble class in August

Trumpet, trombone, baritone horn, French horn and tuba players, grades 6 through 12, can sharpen their skills for the new school year by playing in a brass ensemble Aug. 1-5 under the direction of Ralph Hepola, principal tubaist with Minnesota Opera.

The class is part of St. Paul Public Schools Community Education YOUNiversity. Go to comm.ed.spps.org or call 651-487-7383 for more information.



August Louis Larpenteur

Larpenteur family seeks area descendants for reunion

Descendants of St. Paul founding father August Louis Larpenteur will hold a reunion in St. Paul Aug. 11-14. Larpenteur came to Minnesota in 1843. Larpenteur Avenue was named after him. Reunion organizers want to connect with more Larpenteur family members. Descendants may contact Michele Murnane at mmurnane@msn.com or 425-787-8646 for more information.

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L I V E S L I V E D

James Archer

James Steven Archer, 59, died May 30 in St. Petersburg, Fla., surrounded by the family he loved.

He is survived by his wife, Karen; sons, Matt, John and Andrew; brothers, Steve, Dave and Terry; and a sister, Cheryl.

Jim served in the U.S. Army with 101st Airborne. After graduating from the University of Minnesota, he served in the U.S. Navy. He enjoyed being an owner/operator of several small businesses after his military service.

A memorial service was held at St. Timothy Lutheran Church on June 8, with interment at Fort Snelling National Cemetery.

Elaine L. Barger

Elaine L. Barger, 66, born Oct. 14, 1944, and died May 26 after a courageous fight with multiple sclerosis.

She graduated from Blue Earth High School and Mankato State College. She is survived by her husband of 40 years, Mike; her daughter Kimberly Brunko (Dan); two grandchildren; and brother George (Pat) Wisnewski.

A memorial service was held June 2 at St. Timothy Lutheran Church in Como Park.

David Cobin

David Michael Cobin, died suddenly at his home in St. Anthony Park on May 21 at the age of 67.

David taught at Hamline University Law School and helped nurture its growth for 34 years. Every morning, he walked into the school through the administrative offices to say and sing his hellos to all who worked in them.

David was the founder and director of the Hamline-Hebrew University Joint Program in Law. Known for regaling his students with tales both factual and fictional, Cobin, a native of Joliet, Ill., had a reputation for sharpening the instincts and tapping the compassion of future lawyers.

He had strong ties to the state of Israel and close friends and colleagues there whom he was proud to invite to Minnesota to teach at Hamline. He considered the collaboration between Hamline and Hebrew University his most significant contribution.

He had received the John Wesley Award for faculty at a dinner two days before his death. He was a founding member of Beth Jacob Congregation. David loved and was loved by family, friends, colleagues and students and will be missed by them all.

David is survived by his wife of 43 years, Susan Cobin; son Seth (Mary); and daughter Liora (Adam Barbanel Fried); as well as four grandchildren, the lights of his life.

He is also survived by his sister and brother-in-law, Sandra and Bernard Kliska, and sister-in-law and brother-in-law, Judith and Michael Kadens.

His funeral service was held May 23 at Beth Jacob Congregation in Mendota Heights.

Marie Demitroff

Marie M. Demitroff, 65, (née Cooley) died May 26. She was preceded in death by her husband, Richard. She is survived by her children, Nancy Hallstrom and Peter (Renee) Demitroff; two grandchildren; sisters Linda (Don) Messer and Helen (Bill) Woodford; and brother John (Mary) Cooley.

Mass of Christian Burial was celebrated June 1 at Maternity of Mary Catholic Church in Como Park.

Dennis Dolphin

Major Dennis Earl Dolphin of Lauderdale died on May 20.

Dennis was a loving husband and father. He proudly served his

country as a U.S. Air Force aviator. He was a lifelong student with a passion for reading and writing.

He is survived by his wife, Mary; his children, Steven (Sharon), Mary, Colleen (Kyle Hanson), Michael and Kelly; five grandchildren; two sisters, Sr. Kathleen and Linda; and his brother, Jim (Melinda).

Mass of Christian Burial was celebrated May 25 at Corpus Christi Catholic Church in Roseville, with interment at Fort Snelling National Cemetery.

Emma May Haugan

Emma May Haugan (née Sanderson) died peacefully May 29 surrounded by family. She was preceded in death by her daughter, Mary Jo, and great-granddaughter Madison. She is survived by her husband of 68 years, Sigurd; three children, Sigurd Jr., Margot and Kevin; nine grandchildren and eight great-grandchildren.

Emma was a longtime resident of St. Anthony Park and worked for 23 years at the University of Minnesota School of Family Social Science.

Her funeral was held June 3 at St. Anthony Park Lutheran Church, with interment at Sunset Cemetery.

Bart, Olivia and Roan Hazlett

Bart Hazlett, 52, died June 17 from injuries suffered in a car crash that also took the lives of his children Olivia, 11, and Roan, 9. Hazlett had lived in St. Anthony Park for many years. He and his family moved to the village of St. Anthony several years ago.

Hazlett, known as Buck, was the co-owner of Maverick's Real Roast Beef restaurant in Roseville. He was a 1977 graduate of Hopkins Eisenhower High School.

Survivors include Bart's wife and the children's mother, Sang Tran, and Buck's daughters and Olivia and Roan's sisters, Zoe and Jude. A funeral service was held June 24 at First Unitarian Society in Minneapolis.

Memorials may be sent to: Hazlett Family Memorial Fund, Park Midway Bank, 2300 Como Ave., St. Paul, MN 55108.

Linda Henkel

Linda Lee Henkel, 66, of Poplar Grove, Ill., formerly of Roseville, Minn., died June 10, after a long illness.

Linda taught kindergarten for more than 20 years at St. John Lutheran School in St. Paul and

Lives Lived to 18



4th
OF JULY

THE FOURTH IN THE PARK

8:30 a.m.	<p>LANGFORD PARK DISTANCE RACES Registration 8:30 at the Recreation Building (small registration fee). Races start at 9 a.m. 4 miles: Divisions for men, women, and masters (40 and over). 2 miles: Joggers and juniors (15 and younger).</p>	TENNIS TOURNAMENT	<p>Registration and check in from noon to 1 p.m. Pre-register by calling 651-298-5765. Tournament begins at 1 p.m. Parent-child doubles tournament (12 and under.)</p>
10:30 a.m.	<p>GRAND PARADE ASSEMBLES Children's bikes, trikes, wagons, etc. assemble at Park Station. Bands, vehicles and marching units assemble on Luther Place. Get your free American Flag!</p>	1 - 4 p.m.	PONY RIDES
11:00 a.m.	<p>GRAND PARADE BEGINS Proceeds from Luther Place and down Como Avenue to Langford Park. Parade includes color guard, neighborhood units, bands, floats, VIPs, music, kids and much more! Program follows the parade at the bandstand in Langford Park.</p>	1 - 2:30 p.m.	LOCAL MUSICAL TALENT AT THE BANDSTAND
Noon	<p>REFRESHMENT STAND OPENS Get your hotdogs, Middle Eastern fare, pop and ice cream by the tennis courts until 6 p.m.! Sponsored by the St. Anthony Park Booster Club.</p> <p>HORSESHOE TOURNAMENT Registration and check in from noon to 1 p.m. 24 team limit. Pre-register by calling 651-298-5765. Doubles tournament begins sharply at 1 p.m.!</p> <p>VOLLEYBALL TOURNAMENT Registration and check in from noon to 1 p.m. Pre-register by calling 651-298-5765. Co-Rec tournament begins at 1 p.m.</p>	2:30 - 4 p.m.	RACES AND CONTESTS FOR CHILDREN THROUGH SENIORS Family fun events for kids of all ages! Ribbons for all participants.
		4 p.m.	DOOR PRIZES FOR CHILDREN (Children 17 and under must be present to win)
		4:30 - 6 p.m.	LOCAL MUSICAL TALENT AT THE BANDSTAND

DONATIONS ARE NEEDED TO SPONSOR THIS 2011 EVENT.

PLEASE MAIL TO: Fourth in the Park Committee, PO BOX 8062, St. Paul, MN 55108

OR drop off at the information desk at Park Midway Bank.

The 4th of July Parade & Picnic is put on by The Fourth in the Park Committee and sponsored by The Saint Anthony Park Community Foundation, St. Paul Parks and Recreation and YOU!

Lives Lived from 17

served in a variety of capacities while her husband served as pastor at Mount Olive Lutheran Church in Como Park.

Linda is survived by her husband, Carl; four children, Kara (Michael) Peek, Keri (Kevin) Stifter, Kevin (Jessica) and Kory; five grandchildren; her mother, Jeanette (Tuddie) Rausch; and a sister, Beverly Boughton.

Funeral services were held at St. John Lutheran Church on June 16, with interment at St. Paul Lutheran Church cemetery in Menomonie, Wis.

Elizabeth Jarosch

Elizabeth Christine Kellaher Carlson Jarosch, 90, died May 23 at Lyngblomsten Care Center in Como Park. Liz was born in June 1917 and was raised in Tomahawk, Wis.

She was a certified registered nurse anesthetist (CRNA) and past president of the American Legion Auxiliary 4th District. Liz loved square dancing, ice skating, singing, knitting, sewing and spending time with her family and friends. Liz touched the lives of many people with her smile and kindness.

Liz was preceded in death by her husbands, Gordon Carlson and Raymond Jarosch; her sister, Anna Mae Anderson; and her son, Donald Carlson. She is survived by four children, Keith (Delia) Carlson, Gregory (Sharon) Carlson, JoAnn Prehatney and Edward (Patricia) Jarosch; 11 grandchildren; and 10 great-grandchildren.

A memorial service was held May 27 at Holy Childhood Catholic Church in Como Park, with interment at Fort Snelling National Cemetery.

Sylvia Kerr

Sylvia J. Kerr, 69, of Falcon Heights, died June 7 surrounded by her family after a long struggle with cancer.

Sylvia was a longtime Hamline University biology professor and an active volunteer with many community groups. She gave her last lecture for Olli Lifelong Learning just last week.

She was preceded in death by her husband, Norman. She is survived by her children, David (Mary) and Kathy (Tim Ward), and three grandchildren.

Her memorial service was held June 12 at Macalester Plymouth United Church in St. Paul, with interment at Roselawn Cemetery.

through college. He built a home on McKeown Lake, where he retired in the early 1980s.

Al was preceded in death by his first wife, Magdalene (Madge), and a brother, Richard. He is survived by his wife, Mary Luella Mitton, of Kearney, Neb.; two sons, Stephen (Patty) of Jordan, Minn., and Gregory of St. Anthony Park; and a daughter, Linda (Paul) Imbertson of Inver Grove Heights; brother, Duane of Nisswa, Minn.; five grandchildren; and 10 great-grandchildren. Private family services were held.

Nels Nelson

Nels Elmer Nelson, 89, of St. Anthony Park, died June 2. He was born Dec. 26, 1921, in Duluth. He grew up in Nashwauk in northern Minnesota.

Nels went to school in Nashwauk and was a member of the Itasca County 4-H team. As a member of 4-H he became state champion in crop judging. In 1939, he graduated from Nashwauk High School. He went on to college in Hibbing and worked part time in the mines. After two years of college, he started working in his hometown bank; however, his new career was interrupted when World War II began. Uncle Sam shipped him off to the Pacific, where he served aboard a ship as a radio operator serving American pilots.

After the war, Nels finished his college education at the University of Minnesota (Twin Cities campus), where he majored in forestry and wildlife management.

In 1947, he met Lois Snee. They married in February 1948 and raised five daughters.

He retired early from his job as a quality-control analyst for the federal government and began a third—or fourth—career in real estate. His hobbies were hunting, fishing, horticulture and bowling. In later years, Nels joined a bowling team with several young men. It was named "The Young and the Restless."

He was preceded in death by his wife, Lois. He is survived by his daughters, Colleen Zepeda, Christel Sorg, Liatra Oss, Shelly (Jeff) Wagner and Sadie (Carl) Waller; five grandchildren; 14 great-grandchildren; and two sisters, Mildred (Everett) Jansson and Betty Toronto.

His funeral service was held June 10 at St. Anthony Park Lutheran Church, with interment at Fort Snelling National Cemetery.

Lucille Pampusch

Lucille E. Pampusch (née Whaley) died May 23 from complications of a stroke suffered one week earlier. Mass of Christian Burial was celebrated May 26 at Maternity of Mary Catholic Church.

There is no charge for Bugle obituaries. Please contact obituaries editor Mary Mergenthal about the death of current or former residents of the area. Send more complete information if you have it to mary.mergenthal@comcast.net or call 651-644-1650.



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Community Worship Directory

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www.comoparklutheran.org
www.comoeveningprayer.org
1376 Hoyt Ave. W, St. Paul, MN 55108-2300
651-646-7127

Handicapped Accessible

Sunday Worship Schedule:

8:30 and 10 a.m. Worship (nursery care 8:15 - 11 a.m.)

7 p.m. Como Evening Prayer Worship

Holy Communion on 1st and 3rd Sundays

Rides available for 10 a.m. worship—call before noon on Friday.

Outdoor Worship in the Parking Lot! Sunday, July 17, 10 a.m.

Join us for our second annual "parking lot" worship service, at the corner of Hoyt and Hamline Avenues, with special music and picnic lunch!

Vacation Bible School (VBS): July 25-July 29

Summer fun at VBS! Ages 4, 5, and K-6th grade welcome! Daily from 9 a.m. - 2 p.m., M-TH; 9 a.m. - Noon on Friday. Hot dog picnic and games on July 28 at 5:30 p.m. Cost is \$30/child; \$50 family max. We've teamed up with staff from Lake Wapogasset Bible Camp to bring you "Discovering Community in Christ." Forms online on our home page at www.comoparklutheran.org.

Pastor: Martin R. Ericson

Director of Music Ministry: Thomas Ferry

❖ **FALCON HEIGHTS UNITED CHURCH OF CHRIST**

1795 Holton St. at Garden, 651-646-2681

www.falconheightsucc.org

Sundays: 9:30 a.m. worship

Communion, first Sunday of the month

July 7 (Thurs.) - 7 p.m., Juncture One (alternative worship experience)

July 10 - 9:30 a.m. worship, followed by a pig roast

July 17-21 - 5:30-8 p.m.. C2U (Creativity, Culture and You!) vacation church school for preschool-6th grade; register at 651-646-2681, ext. 101

July 24 - 9:30 a.m., worship at North Como Presbyterian Church

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Sunday Masses; Saturday 5 p.m., Sunday 7:45 and 10 a.m.

Daily Mass 7:45 a.m. with Rosary following Mon.-Thurs. and 6:30 p.m. Thurs.

Confession: Saturday 3:30-4:30 p.m. and Sunday 9:30-10 a.m.

July 9-10 "Pro Life Bake Sale" and Social Sunday after all masses.

❖ **MT. OLIVE EV. LUTHERAN CHURCH-WELS**

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Handicapped Accessible

Sunday: Worship 9 a.m.

Pastor Al Schleusener

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2357 Bayless Place, 651-644-4502

Website: www.stceciliaspn.org

Handicap accessible

Saturday Mass: 5 p.m. at the church

Sunday Masses: 8:15 a.m. and 10 a.m. at the church

❖ **ST. ANTHONY PARK UNITED CHURCH OF CHRIST**

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Pastor Victoria Wilgocki

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11 a.m. Fellowship and refreshments

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Wednesday: 10:00 a.m. service of Holy Eucharist

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Sunday: Worship 10 a.m.

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All are welcome - Come as you are

Park Bugle Classifieds

To place a classified ad in the *Bugle*, send it to classifieds@parkbugle.org or P.O.Box 8126, St. Paul, MN 55108. You can also call Fariba Sanikhatam at 651-646-5369. Ads are \$5 per line. One line is about five words. Enhancements such as boxes or art around the ad are \$10. You can celebrate life's accomplishments with a business-card-size display ad for \$40. **The next deadline is July 22.**

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Storm-water project from 1

draining soil materials and turf will be re-established, said Elder.

A float mechanism connected to the pipes and storm sewer would control the amount of water that would come into the park, which would help prevent flooding at the bottom of the park.

The project's primary goal is to treat the stormwater—which is filled with sand, silt and phosphorous—that comes off the streets, driveways and lawns and now goes untreated into the river, Elder said. That water would go through the sand and gravel filter and into the ground rather than the river, he said.

"We have created all these impervious surfaces—rooftops, driveways, roads—the water can't go anywhere but run off," Elder said. "We are providing another location where the water goes into the soil instead of the river."

Elder predicted the infiltration system would result in a 75 percent reduction in pollutants going into the storm sewer from this area.

The project would involve the removal of a bench, a large stone monument and two bituminous pathways that lead into the park. The bench and stone would be reinstalled at the end of the project and the pathways will be replaced, Elder said. The playground and tennis courts on the eastern end of the park will not be affected.

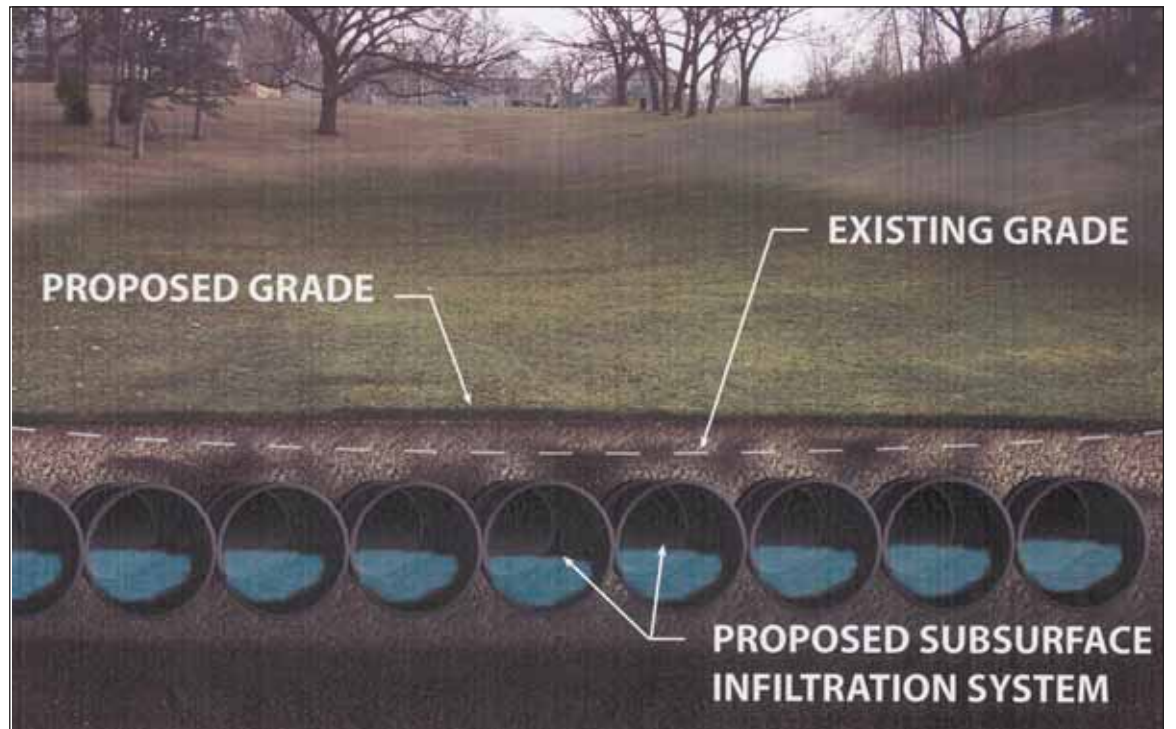
Two weeping willow trees will be removed for the project. "We have been very cognizant of the trees down there," Elder said. "We had our forester identify all the trees that were deemed valuable. We've adjusted the footprint of the project to preserve the valuable trees." Trees likely will be planted to replace the two willows, he said.

Costs for the project would come out of the public works sewer utility budget.

If the city gets the nod from area residents to proceed with the project,

Elder said, it would likely begin in late summer or early fall, "and then there will be the turf establishment in the spring. We will need to keep people off it for a while."

"All in all, the park will be in better condition [when the stormwater treatment project is done]," Elder said. "There will be path improvements and better turf."



The proposed College Park stormwater infiltration and treatment project would excavate down 5 feet, where sand and gravel would be placed along with 4-foot diameter pipes, which would be connected to a storm sewer. The area would then be filled with quick-draining soil materials and new turf would be established. The playground and tennis courts would not be affected by the project.

Block Nurse from 10

Foundation, a video was created (it's on YouTube; search for SAPBNP Skype Project) that takes seniors through a step-by-step process of using Skype to help them stay in touch with loved ones who are far away.

"One woman—Opal Hedberg—who has a daughter in Paris [France] and one in Vancouver [British Columbia] set up a Skype account and there's a video on YouTube where she shows how to do it," Hayes said. "We set up nine clients with camcorders so they could access the program." Josh Becerra, a member of the community foundation, helped film Hedberg's tutorial and post it on the web.

And then there are the rides that

the program facilitates between volunteers and clients and the local teenagers who help seniors with lawn and household chores.

The first block nurse program

The St. Anthony Park program was the first block nurse program in the country. The model has been replicated throughout the state since then. Today, there are 43 similar programs in Minnesota, 16 of which are in St. Paul.

Dr. Ida Martinson—who was a professor of nursing, a St. Anthony Park resident and a member of the National Institute on Aging at the time—is credited with initiating the program. And it was JoAnne Rohricht's article in the *Park Bugle*

about Martinson's attendance at the 1981 White House Conference on Aging and her ideas on creating a community nursing program that could help elders stay in their homes that grabbed the attention of the community.

Rohricht hosted an organizational meeting at her St. Anthony Park home and within weeks Martinson found herself on a plane seated next to a businessman from H.B. Fuller who suggested she talk with former Fuller president Elmer Andersen (who happened to go to her church) about start-up funding. The company gave them \$7,000 to begin the project, Rohricht said.

St. Anthony Park Area Seniors is planning a number of celebratory events before the year is over, including an appreciation dinner for the programs founders and volunteers.

Next up: The Fourth of July parade down Como Avenue. Look for the red Twin Cities Trolley that will be carrying seniors to Langford Park that day. After the parade, the trolley will offer free rides around the park until 1 p.m.

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